

Croque Monsieur 976 kcal

Honey Roasted Ham, Mature Cheddar, Cheese Sauce, Served On Toasted Sourdough, with a Choice Of Deli Salad and Crisps

Stooks Club Sandwich 1097 kcal£12.95Parmesan Crusted Chicken, Tomato, Lettuce, Grilled Bacon, Avocado and Siracha Mayonnaise
served on toasted bread with Crisps and a Choice of a Deli Salad

Soup of the Day

Served with a choice of white or wholemeal bread 200 kcal

Adults need around 2000kcal a day

Please ask our helpful staff if you or a member of your party has a food allergy or special dairy requirement. It is important that you inform a member of our team prior to placing your order. Whilst we take every care to ensure that allergens do not cross contaminate, the food prepared here may have come into contact with one of the 14 allergens.



Vegetarian



(N) Contains nuts

£10.95

£5.95

The following dishes are served with a choice of any two of our home made deli salads.		
Parmesan Crusted Chicken 🚱 479 kcal	£9.95	
Broccoli and Stilton Quiche 579 kcal	£9.95	
Pork, Caramlised Onion and Smoked Applewood Sausage Roll 650 kcal	£9.95	
Roasted Vegetable and Sundried Tomato Filo Parcel 🌍 🚱 524 kcal	£9.95	
Greek Style Stuffed Aubergine with Roasted Vegetables and Feta 🌾 🚱 524 kcal	£9.95	

Deli Salads

We pride ourselves on our range of exciting salads. A selection can make the perfect light lunch. These salads are available to mix and come with bread. When ordering please state how many portions you would like.

Curried Cauliflower Salad 🖗 🚱 121 kcal Spiced Chickpea Salad 🖗 🕶 273 kcal Asian Slaw 🖗 🐨 145 kcal Greek Potato Salad @ 150 kcal Roasted Tenderstem Broccoli, Sweet Potato and Beetroot Salad ${}^{\textcircled{G}}$ ${}^{\textcircled{O}}_{107 \text{ kcal}}$ Price per portion: *One* £4.75 Two £6.95 Three £9.95 Four £12.95

Jacket Potatoes

Served with garden leaf salad

Tuna and Lemon Mayonnaise ^{GP} 656 kcal	£9.50
Baked Beans and Cheese V 🐨 777 kcal	£8.95
Prawn and Crayfish in Lemon Mayonnaise [@] 707 kcal	£9.50
Coronation Chicken [@] 819 kcal	£9.50
Chilli con Carne, served with Guacamole and Soured Cream 754 kcal	£9.95
Butternut Squash, Chickpea and Spinach Curry 🌍 🞯 597 kcal	£8.95

Sandwiches

Served on choice of Wholemeal, White, Gluten Free bread or Tortilla Wrap with crisps and garden leaf salad

A Grand		
	Tuna and Lemon Mayonnaise 724 kcal	£8.95
0	Mature Cheddar and Tomato Chutney 785 kcal	£8.95
	Glazed Ham, Cheddar and Tomato 818 kcal	£8.95
5	Bacon, Lettuce, Tomato and Garlic Mayonnaise 734 kcal	£8.95
0	Coronation Chicken 735 kcal	£8.95
0	Prawn and Crayfish in Lemon Mayonnaise 692 kcal	£9.50
	Salmon, Cream Cheese and Cucumber 690 kcal	£10.50
9	Avocado, Brie & Bacon 718 kcal	£9.50
X	Brie, Bacon and Cranberry 845 kcal	£9.50
S	Roasted Vegetables, Red Pepper Hummus and Rocket 614 kcal	£8.95
1	Sides	

Sides

Truffle Oil Sauteed Potatoes 333 kcal	£2.95
Salty Dog Crisps (Salted, Salt & Vinegar and Cheese & Onion) 195 kcal/197 kcal/192 kcal	£1.50



Kids Picnic Bag 648 kcal		£6.95			
	* Tuna & Lemon Mayo, Ham or Cheese Sandwich				
* Choice of Drink Carton –					
Apple Juice, Orange Juice, Strawberr	y, Banana o	or Chocola	te Milk		
* A Piece of Fruit / Veg –					
Apple, Banana, Satsuma or Carrot St	ticks				
* Biscuit					
* Packet of Pom Bears					
Kids Pasta with Tomato Sauce and Cheese	kcal	£5.95			
Kids Baked Potato		£5.45			
Choice of Tuna & Lemon Mayonnaise 475	kcal				
or Cheese 540 kcal					
<u>Drinks</u>					
Juice Carton		£1.75			
Orange 86 kcal or Apple 52 kcal					
Flavoured Milk Carton		£1.75			
Chocolate 88 kcal, Strawberry 98 kcal or	Banana <mark>104</mark>	kcal			
Glass of Milk kcal		£1.75			
Babyccino kcal		£1.50	ANA		
Hot Chocolate kcal		£2.00	2013		
Cream & Marshmallows	kcal	£2.50	The second		
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