



BLUE DIAMOND®



THE

PARLOUR

RESTAURANT



www.bluediamond.gg

The Parlour restaurant is proud to use and support local suppliers and small businesses. All our dishes are prepared on-site with the freshest of local ingredients, using traditional cooking methods (no microwaves and no deep fat fryers).

BREAKFAST

Served Monday - Saturday, 9am - 11:30am
Sunday, 10am - 11:30am

English breakfast *1345KCAL* £12.95

Local, award-winning Lincolnshire sausages, bacon, oven-baked potato rosti, roast tomato, baked field mushroom, homemade baked beans and eggs of your choice, served with your choice of sourdough, white or brown toast.

Light breakfast *829KCAL* £9.95

Local, award-winning Lincolnshire sausage, bacon, roast tomato, baked field mushroom, homemade baked beans and eggs of your choice, served with your choice of sourdough, white or brown toast.

Vegetarian breakfast (V) *969KCAL* £11.95

Two poached eggs, baked field mushroom and baby vine tomatoes, sautéed spinach, avocado, oven-baked potato rosti, served with your choice of sourdough, white or brown toast. (Vegan and GF options available)

Breakfast Sundae (V/N) *749KCAL* £10.95

Homemade toasted muesli, honey yoghurt, banana, strawberries, blueberries, raspberries, topped with honey and fresh mint.

Eggs to suit (V) *369KCAL* £6.45

Fried, poached or scrambled eggs on your choice of white, brown or sourdough thick cut toast.

Add any sides £2.50

Smoked back bacon *150KCAL*, sausage *176KCAL*, smoked salmon *76KCAL*, sliced ham *122KCAL*, spinach *29KCAL*, avocado *187KCAL*, roast tomatoes *91KCAL*, baked field mushroom *79KCAL*, baked beans *66KCAL*, egg of your choice *78KCAL*.

BRUNCH

Served Monday - Saturday, 9am - 3:30pm

Eggs Royale or Eggs Benedict *869KCAL* £11.95

Smoked salmon or sliced ham, sautéed spinach, two poached eggs, toasted English muffin, homemade hollandaise sauce and fresh lemon.

Welsh rarebit *1023KCAL* £11.95

Sourdough, stout and Cheddar spread, homemade spiced tomato relish, topped with crispy bacon and soft poached egg.

Ploughman's *971KCAL* £14.95

Roast ham, chicken, roast topside of beef, teacup of soup, Mature Cheddar cheese, homemade coleslaw, honey and salted butter with a sourdough crusty roll.

King prawn bruschetta *721KCAL* £13.95

Garlic and chilli grilled king prawns, char-grilled sourdough, avocado and red onion, mild chilli aioli, burnt lime and dressed rocket.

French toast *780KCAL* £11.95

Gently fried buttered brioche dipped in lightly spiced egg mix, served with a homemade raspberry compote, caramelised apple, maple syrup and a vanilla bean mascarpone.

LIGHT LUNCH

Served Monday - Sunday, 12pm - 3:30pm

GRILLED PANINI

Served on rustic Italian grilled bread, with homemade coleslaw and dressed side salad.

- Bacon, brie and cranberry** *910KCAL* £11.95
Smoked back bacon, brie cheese cranberry sauce.
- Tuna and Cheddar cheese** *881KCAL* £11.95
Tuna, cornichon pickles, red onion, dill crème fraiche, and melted Cheddar cheese.
- Goat's cheese and onion (V)** *804KCAL* £11.95
Grilled goat's cheese, caramelised onion and fresh spinach.

BAKED POTATOES

Served with homemade coleslaw and dressed salad.

- Baked beans and Cheddar (GF/V)** *763KCAL* £10.95
Homemade baked beans and Cheddar cheese.
- King prawn and avocado (GF)** *1023KCAL* £11.95
Garlic and chilli grilled king prawns, avocado served in a homemade mild chilli aioli and lime.
- Beef chilli** *1018KCAL* £12.95
Home-cooked smoked diced beef chilli, topped with sour cream, avocado and fresh coriander.
- Tuna crème fraîche (GF)** *962KCAL* £11.95
Tuna, cornichon pickles, red onion, dill crème fraîche and lemon.
- Bacon and brie (GF)** *1069KCAL* £11.95
Grilled smoked back bacon and melted brie cheese, topped with chives.

SIDES

- Hand-cooked oven baked chips (V/VG/GF)** *202KCAL* £3.75
- Oven-baked parmesan and rosemary chips (GF)** *297KCAL* £4.75
- Homemade coleslaw (V/GF)** *176KCAL* £2.95
- Dressed garden salad (V/VG/GF)** *102KCAL* £3.50
- Sourdough garlic bread** *435KCAL* £3.95

CHILDREN'S MENU

Served Monday - Sunday, 12pm - 3:30pm
Under 12s only.

MAINS

Breakfast 529KCAL (SERVED UNTIL 11:30AM) £6.95

Lincolnshire sausage, oven-baked potato rosti, baked beans, fried egg and toast.

Roast tomato penne pasta (V) 601KCAL £7.95

Tomato and basil sauce, penne pasta, Cheddar cheese and garlic bread.

Macaroni cheese bake (V) 682KCAL £7.95

Homemade macaroni cheese, served with garlic bread and sliced fresh tomato and cucumber.

Pizza slice (V) 433KCAL £7.95

Two slices of sourdough, topped with tomato sauce, basil and Cheddar cheese, served with sliced fresh tomato and cucumber.

Fish finger sandwich 515KCAL £7.95

Fish fingers, soft white bread, tomato ketchup and homemade chips.

Picnic bag £5.45

Choice of sandwich: cheese, ham, tuna or jam on white or brown bread. Also includes: a packet of Pom-bears® or Mini Cheddars®, sweet treat, piece of fresh fruit and a drink.

DESSERTS

Ice cream £2.50

Choose from: strawberry, chocolate or vanilla.

DRINKS

100% apple or orange juice carton £1.75

Viva flavoured milk £1.75

Choose from: strawberry, banana or chocolate.

Still water £1.75

AFTERNOON TEA

Pre-booking is required

Per child £12.95

Orange or blackcurrant squash served in a teapot, gingerbread smiley, marshmallow Rice Krispies square, vanilla cupcake, chocolate brownie square, pot of hummus and crudité's and plain ham, plain cheese, chocolate spread and strawberry and cream cheese finger sandwiches.

CAKE & AFTERNOON TEA

SPONGES & TRAYBAKES

Coffee and toasted walnut cake (N) <i>605KCAL</i>	£4.45
Victoria sponge cake <i>786KCAL</i>	£4.45
Chocolate fudge cake <i>809KCAL</i>	£4.45
Bakewell tart (GF/N) <i>673KCAL</i>	£4.45
Millionaire shortbread <i>723KCAL</i>	£4.45
Shortbread biscuit <i>401KCAL</i>	£3.25
Banana and walnut loaf (VG/N) <i>594KCAL</i>	£4.45

DESSERTS

Black forest slice (GF) <i>869KCAL</i>	£4.95
Egg custard tart <i>405KCAL</i>	£4.25
Hazelnut roulade (GF/N) <i>798KCAL</i>	£4.95
Baked vanilla cheesecake <i>524KCAL</i>	£4.95

SCONES & AFTERNOON TEA

Pre-booking is required for all afternoon teas

Afternoon tea <i>1785KCAL</i>	£22.95pp
Freshly baked fruit scone, preserve, Rodda's clotted cream, finger sandwiches and a selection of fine pâtisserie served with speciality tea or coffee.	
Savoury afternoon tea <i>2396KCAL</i>	£22.95pp
Cheese scone, smoked chilli jam, cream cheese homemade sausage roll, mini quiche, mature Cheddar cheese, apple, piccalilli and a selection of finger sandwiches, served with speciality tea or coffee.	
Cream tea <i>674KCAL</i>	£6.95
A choice of freshly baked scone, preserve, Rodda's clotted cream and speciality tea.	
Savoury cream tea <i>755KCAL</i>	£6.95
Freshly baked cheese scone, cream cheese and smoked chilli jam served with speciality tea.	
Freshly baked fruit scone <i>516KCAL</i>	£3.25
Freshly baked three cheese scone <i>559KCAL</i>	£3.25
Four piece cake mezze (N) <i>760KCAL</i>	£4.25
Eight piece cake mezze (N) <i>1520KCAL</i>	£7.50
Selection of finger sandwiches <i>468KCAL</i>	£9.95
Egg mayonnaise	
Roast beef with honey mustard mayonnaise	
Roast ham and piccalilli	
Tuna crème fraîche, cornichon pickles and red onion	
Cream cheese and cucumber	

HOT BEVERAGES

Served Monday - Saturday, 9am - 5:30pm
Sunday, 10am - 4:30pm

All our coffees use our very own Blue Diamond blend made from 100% arabica beans grown in South and Central America.

Skimmed, soya and premium dairy-free milks available upon request at 30p extra.

Americano	<i>REG</i> £2.95	<i>LRG</i> £3.25
Cappuccino	<i>REG</i> £3.25	<i>LRG</i> £3.45
Latte	<i>REG</i> £3.25	<i>LRG</i> £3.45
Espresso	<i>SGLE</i> £2.30	<i>DBLE</i> £2.65
Flat white		£3.20
Mocha		£3.55
Cafetière for one		£4.25
Cafetière for two		£7.25
Flavoured syrup		£0.80
Hot chocolate		£3.45
Hot chocolate with cream		£3.90
Luxury hot chocolate with cream and marshmallows		£4.40
Chai latte		£4.25
Made using black tea and a milk of your choice.		
Matcha latte		£4.25
Made using green tea and a milk of your choice.		
Pot of tea for one		£2.40
Our Blue Diamond blend is made from the finest Ceylon, Kenyan and Assam tea.		
Pot of Speciality loose leaf tea for one		£2.85
Earl grey, Orange pekoe, Darjeeling, Raspberry and rosehip, Ginger and apple, Strawberry and kiwi, Pure peppermint, Japanese sencha green tea and Pure chamomile.		

COLD BEVERAGES

Coca-Cola	£3.00
Diet Coke	£3.00
Coke Zero	£3.00
Fanta Orange	£3.00
Sprite Zero	£3.00
Posh Pop	£3.20
Choose from; Ginger beer with chilli, Cream soda, Dandelion and burdock. Sugar-free options; Elderflower, Cloudy lemonade, Strawberry and rhubarb.	
Daymer Bay still fruit juice	£3.25
Choose from; Cloudy apple, Pineapple or Orange.	
Still/Sparkling water	£2.00

