

BREAKFAST MENU

Served Monday - Saturday until 11.30a.m.

Sunday 10a.m. until 11.00a.m.

BREAKFASTS

Full English Breakfast £9.95 1149kcal

Two free-range eggs of your choice, two rashers of bacon, two breakfast sausages, two hash browns, black pudding, roasted tomatoes, flat mushroom, baked beans and toast.

Light Breakfast £7.95 673kcal

One free-range egg, one rasher of bacon, one breakfast sausage, hash brown, roasted tomato, flat mushroom, baked beans and toast

Vegetarian Breakfast £7.95 592kcal

One free-range egg of your choice, grilled halloumi, crushed avocado, hash brown, roasted tomato, flat mushroom, baked beans and toast.

Breakfast Bruschetta (VG) £7.95 1140kcal

Grilled sourdough toast, fresh spinach, roasted tomatoes, avocado, toasted mixed seeds, basil oil and micro basil.

Eggs on Toast £5.95 126kcal

Two free-range eggs of your choice served on white, brown or sourdough toast. Add any side for £1.50

Breakfast Bap £5.45 476kcal

Served on a buttered cob with your choice of sausage, bacon, fried egg or grilled halloumi. Add any side for £1.50

Childs Breakfast - £5.95 527kcal

Fried free-range egg, breakfast sausage, baked beans, hash brown and toast.

***NEW* American Style Pancakes - £8.95** 441kcal

Served with Rhubarb Compote and Coconut Yoghurt (V)

MEET THE BENEDICTS...

Eggs Benedict £7.95 469kcal

Roast ham, toasted English muffin, poached free-range eggs, hollandaise.

Eggs Florentine (V) £7.50 286kcal

Spinach, toasted English muffin, poached free-range eggs, hollandaise

Eggs Royale £8.50 485kcal

Smoked Salmon, toasted English muffin, poached free-range eggs, hollandaise

Eggs Cypriot £7.95 569kcal

Pan fried halloumi and avocado, toasted English muffin, poached free-range eggs, hollandaise.

SIDES

Grilled Bacon 150kcal - Breakfast Sausage 176kcal - Black Pudding 112kcal - Sliced Ham 122kcal - Smoked Salmon 76kcal - Hash Browns 169kcal - Avocado 187kcal - Roast Tomatoes 91kcal - Flat Mushroom 91kcal - Sautéed Spinach 29kcal - Baked Beans 95kcal - Hollandaise 80kcal - Egg of your choice 66kcal
All £1.50

Toast and Preserve £2.95 285kcal

White or brown toast with your choice of preserve (gluten free bread also available)

Toasted Teacake £2.65 223kcal

Served with butter

Selection of Bonne Maman preserves £0.85 72kcal

Strawberry, Raspberry, Honey or Orange Marmalade

ADULTS NEED 2000Kcal A DAY AS A GUIDE

FOOD ALLERGIES AND INTOLERANCES - Please ask our helpful staff if you or a member of your party has a food allergy or a special dietary requirement. It is important that you inform a member of the team prior to placing your order. Whilst we have taken every care to ensure allergens do not cross-contaminate, the food preparation here may have come into contact with one of the 14 allergens.

(GF) Gluten Free - (V) Vegetarian - (VG) Vegan - (N) Contains Nuts

LUNCH MENU

Served from Midday until 3pm

SOUP

Chefs Soup of The Day - £6.95

Served with a warm white or brown bread roll (GF Available)
Please ask for Kcals

CARVERY

All served with roast potatoes and seasonal vegetables. Please ask for Kcals

Roast Topside of Beef, Garlic and Thyme Chicken Breast Or Leg of Pork - £13.95

All 3 Meats Roast - £16.95

Homemade Pie Of The Day - £13.95

Please ask for today's choice

Nut Roast (V) - £12.95

Vegetable & Smoked Applewood Strudel (V) (VG) - £11.95

CHEFS RECOMMENDATIONS

Chicken Kebabs - £13.95

Served on sourdough pitta bread with chickpea and red onion salad, pickled red cabbage and harrisa hummus - 454Kcals

Traditional Fish & Chips with Gluten Free Batter - £13.50

Beer-battered sustainable sourced cod, gourmet chips, mushy or garden peas, tartar sauce and caramelized lemon - 410Kcals

Glazed Ham, Egg & Chips (GF) - £12.95

Glazed roasted ham, served with gourmet chips, two fried free range eggs, salad garnish and piccalilli - 659Kcals

Free Range Egg Omelette - £10.95

With a choice of 3 fillings, gourmet chips and a salad garnish.
Choose from; Bacon, mushroom, cheddar cheese, onions, peperonata, sundried tomato, goats cheese and spinach

DELI SELECTION

Quiche of The Day - £8.95

Choice of both meat & vegetarian please ask for our selection and kcals

Goats Cheese Frittata (V) - £8.50 472Kcals

Tandoori Chicken Thighs - £9.50 413Kcals

All served with your choice of any two salads:

Rainbow Slaw - 96kcal - Garden Leaf Salad (V) (VG) - 46kcal
Fruity Quinoa - 203kcal - Extra Salad Portion - £3.25

SALADS

Chicken Caesar Salad - £11.95

Roast chicken breast, crispy bacon, cos lettuce, anchovies, croutons, parmesan and Caesar dressing - 455Kcals

Glazed Goats Cheese & Roasted Beetroot Salad (V) - £11.95

Caramelized walnuts, dressed watercress and pomegranate - 495Kcals

BETWEEN THE BREADS

All served with a garden salad, crisps & a choice of baguette, multi seed roll, white or brown bloomer bread. (GF Bread available)

Roast Meat of the Day Beef, Chicken Or Pork - £9.95 341kcal

Egg Mayonnaise and Chive (V) - £7.95 721kcal

Tuna Crème Fraise & Cucumber - £8.50 721kcal

Prawn & Crayfish with a Mild Chilli Aioli - £9.95 922kcal

Pulled Pork - £8.95 431kcal

TOASTED CIABATTAS

All served with a garden salad and crisps

Bacon, Brie & Cranberry - £8.95 1098kcal

Tuna & Cheese Melt - £8.95 848kcal

Glazed Ham Cheese & Tomato - £8.95 798kcal

Smoked Applewood Cheese, Tomato & Basil (VG) - £8.95 845kcal

BAKED POTATOES

All served with a garden salad - Add Cheese £1.75

Tuna & Lemon Crème Fraîche (GF) - £8.45 737kcal

Prawn & Crayfish with a Mild Chilli Aioli - £9.95 613kcal

Baked Beans & Mature Cheddar Cheese (V)(GF) - £7.95 832kcal

Chilli Con Carne, Crushed Avocado & Sour Cream- £9.95 927kcal

Chick Pea & Spinach Curry (V)(VG) - £8.50 428kcal

SIDES

Gourmet Chips (V) (VG) - £3.50 205kcal

Cheesy Gourmet Chips (V) - £3.95 450kcal

Garlic Ciabatta (V) - £3.50 336kcal

Garlic & Parmesan Chips with garlic aioli (V) - £4.25 450kcal

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CARVERY

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All 3 Meats Roast - £16.95

Homemade Pie Of The Day - £13.95

Please ask for today's choice

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Vegetable & Smoked Applewood Strudel (V) (VG) - £11.95

Traditional Fish & Chips with Gluten Free Batter - £13.50

Beer-battered sustainable sourced cod, gourmet chips, mushy or garden peas,

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