

BRFAKFASTS

MEET THE BENEDICT'S...

Full English Breakfast 10.95 1149 kcal

Two eggs of your choice, two rashers of bacon, two breakfast sausages, two hash browns, black pudding, roasted tomato, flat mushroom, baked beans & toast

Light Breakfast 8.95 673 kcal

One egg of your choice, one rasher of bacon, breakfast sausage, hash brown, roasted tomato, flat mushroom, baked beans & toast

Child's Breakfast 6.95 527 kcal

Fried egg, breakfast sausage, baked beans, hash brown & toast

Vegetarian Breakfast (V) 9.95 592kcal

Two eggs of your choice, grilled halloumi, guacamole, two hash browns, roasted tomato, flat mushroom, baked beans & toast

Vegan Breakfast (VG) 10.95 408kcal

Sesame scrambled tofu, sautéed spinach, two hash browns, baked beans, guacamole, roasted tomato ,flat mushroom & toast

American - style pancakes (VG) 8.95 441 kcal Seasonal berry compote & coconut yoghurt

Breakfast Sundae (V) 7.95 744 kcal

Granola, seasonal berry compote, Greek style yoghurt, honey & fresh berries

Eggs on Toast (V) 6.45 126 kcal

Two eggs of your choice served on white, brown or sourdough toast (poached 67kcal, fried II2 kcal, scrambled 257 kcal)

Breakfast Cob 6.45

Served on a buttered cob with your choice of sausage (529 kcal), bacon (375 kcal), fried eggs (348 kcal) or grilled halloumi (591 kcal) (V)

Eggs Benedict £8.95 469 kcal

Roast ham, toasted English muffin, poached eggs, hollandaise sauce

Eggs Florentine (V) £8.45 286 kcal

Wilted spinach, toasted English muffin, poached eggs, hollandaise sauce

Eggs Royale £9.95 485 kcal

Smoked salmon, toasted English muffin, poached eggs, hollandaise sauce

Eggs Cypriot (V) £8.95 569 kcal

Pan-fried halloumi & guacamole, toasted English muffin, poached eggs, hollandaise sauce

SIDES

Grilled bacon (150kcal), Breakfast sausage (176 kcal), Black pudding (157 kcal), Hash browns (259 kcal), Avocado (187 kcal), Roast tomatoes (91 kcal), Flat mushrooms (87 kcal), Sautéed spinach (80 kcal), Baked beans (95 kcal), Hollandaise (80 kcal), Grilled halloumi (257 kcal) Fried eggs (112 kcal), Poached eggs (67 kcal), Scrambled eggs (257 kcal)

All £1.95

Smoked salmon (76 kcal) £2.95

Toast and preserve (V) £3.45 285 kcal

White or brown toast with your choice of preserve (gluten-free bread available).

Toasted teacake (V) £2.95

Selection of Bonne Maman preserves £0.85 each Choice of: strawberry, raspberry, blackcurrant, orange marmalade or honey.

FOOD ALLERGIES AND INTOLERANCES

Please ask our helpful staff if you or a member of your party has a food allergy or a special dietary requirement. It is important that you inform a member of our team prior to placing your order. Whilst we have taken every care to ensure that allergens do not cross-contaminate, the food prepared here may have come into contact with one of the I4 allergens.

(V) Vegetarian • (VG) Vegan • (GF) Gluten free • (DF) Dairy free • (N) Contains nuts

Adults need around 2000kcal a day as a requirement.

DELI SELECTION

DELI SELECTION Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your daily diet?	Served with salad garnish					
Served with your choice of any two salads		Beef chilli con carne with crushed avocado and sour cream 574KCAL	£9.95			
Herb and lemon poached salmon (GF) 255KCAL	£9.95	Prawn and crayfish with homemade £8.				
Tandoori chicken thighs with mango chutney (GF) 232KCAL	£9.50	mild chilli aioli (GF) 693KCAL				
Goat's cheese and vegetable fritatta 475KCAL	£8.50	Classic Coronation chicken (GF) 731KCAL Tuna and lemon crème fraîche (GF) 648KCAL	£8.50 £8.45			
Sausage roll of the day	£8.50					
Please ask a member of the team for today's choice.		Baked beans and mature Cheddar cheese (V/GF) 764KCAL	£7.95			
Quiche of the day	£9.25	(Vegan cheese available)				
Please ask a member of the team for today's choice.						
DELI SALADS		Choice of baguette, multi-seed roll or bloomer bread. Served with salad garnish and crisps (GF bread available)				
Watermelon, cucumber and Feta salad	£3.25	Served with salad garnish and thisps (Or bread available	C)			
with marinated mixed olives and mint (V/GF) 136KCA	L		£10.95			
Rainbow slaw with pickled red and white cabbage, carrots, kale and shallots (V/VG/GF) 88KCAR	£3.25	and cucumber 382kcal Prawn Marie Rose 782kcal £8.5				
Greek potato salad with capers, dill, shallots and Feta cheese (V/GF) 148KCAL	£3.25	Classic coronation chicken and fresh arugula 829KCAL £8.50				
Garden leaf salad, tomato, cucumber	£3.25	Egg mayonnaise and chive (V) 850KCAL	£7.95			
and spring onion (V/VG/GF) 46KCAL		Tuna crème fraîche and cucumber 721KCAL	£8.50			
SIDES VICE		TOASTED CIABATTAS	est?			
Chilli infused chips with Sriracha	£4.25	Served with salad garnish and crisps				
mayonnaise (V) 384KCAL		Grilled back bacon, brie and cranberry sauce 1098KCAL	£8.95			
Cheesy gourmet chips (V/GF) 519KCAL	£3.95	Tuna, black pepper mayonnaise	£8.95			
Gourmet chips (V/VG/GF) 274KCAL	£3.50	and Cheddar melt 848KCAL				
Garlic ciabatta with dressed watercress (V) 335KCAL	£3.50	Glazed ham, mature Cheddar and tomato 798KCAL	£8.95			
Seasonal salad (V/VG/GF) 251KCAL	£3.25	Caramelised onion, spinach and goat's cheese (V) 867KCAL	£8.95			

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Soup of the day (V) £6.95

Please ask a member of the team for todays choice, served with a warm white, brown or GF bread roll

Bay Tree Signature beef burger £14.95 (1546 kcal)

Homemade 8oz Beef burger, maple glazed bacon, Monterey Jack cheese, gourmet chips, homemade onion rings & our own cherry tomato relish served in a toasted brioche bun with gherkins, beef tomato, red onions & gem lettuce

Bay Tree Cajun chicken burger £14.95 (1136 kcal)

Grilled Cajun chicken burger topped Halloumi & guacamole with gourmet chips, green salad served in a toasted brioche bun with beef tomato, red onions & gem lettuce

Classic fish and chips £14.50 (1066 kcal)

Hand buttered sustainably sourced cod fillet served with gourmet chips, buttered garden peas, tartare sauce & lemon wedge (GF)

Mild Thai red curry (V) £10.95 (824 kcal)

Coconut milk, lemongrass, mangetout, mixed peppers & pack choy with basmati rice

Add Chicken - £3.95 Add Prawns - £3.95 Add Tofu - £2.95

Sticky BBQ ribs £15.50 (1366 kcal)

Slow cooked barbecue ribs topped with sesame seeds, served with gourmet chips & rainbow slaw

Gammon steak £13.50 (727 kcal)

Grilled gammon steak topped with two fried eggs served with gourmet chips, golden beetroot piccalilli and homemade red cabbage and fennel salad

Triple egg omelette with 3 fillings (V) £11.95 (824 kcal)

Choose from: ham, bacon, goats' cheese, mature cheddar, sun dried tomato, mushroom, spinach, spring onions or smoked salmon served with gourmet chips & dressed watercress (GF)

Caesar salad £9.95 (V) (824 kcal)

Cos lettuce, sourdough croutons, boiled egg, shaved parmesan & Caesar dressing

Add Chicken - £3.95 Add Salmon - £4.95 Add Prawns - £3.95 Add Crispy bacon - £1.95

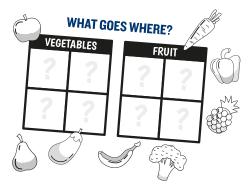




Served Ilam - 4pm

WHICH WAY TO THE PIZZA?





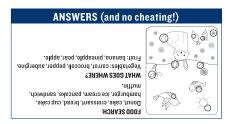
SPOT THE 10 DIFFERENCES





FOOD SEARCH

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CHILDREN'S LUNCH

Served Ilam - 4pm

Fish and chips (GF) 177KCAL Hand battered cod with chips and buttered garden peas.	£7.45
Half baked potato with baked beans and cheese (GF) 464KCAL	£5.95
Half baked potato with baked beans (GF) 412KCAL	£5.95
Half baked potato with cheese (GF) 553KCAL	£5.95
Half baked potato with tuna crème fraîche (GF) 483KCAL	£5.95
Sausages and chips 393KCAL Served with baked beans or buttered peas.	£7.45
Chicken goujons 334KCAL Served with chips and baked beans	£7.45
Signature burger 355KCAL Homemade 4oz beef burger served in a seeded brioche bun with tomato, little gem lettuce & served with chips and mayochup sauce.	£7.45