

## LUNCH

### BAKED POTATOES

Served 11am - 4pm

Served with salad garnish

Tuna and lemon crème fraîche (GF) 656KCAL	£8.95
Baked beans and mature Cheddar cheese (V/GF) 776KCAL (Vegan cheese available)	£7.95
Classic Coronation chicken (GF) 735KCAL	£8.95
Prawn and crayfish with homemade mild chilli aioli (GF) 707KCAL	£9.95
Beef chilli con carne with crushed avocado and sour cream 804KCAL	£9.95
Add cheese 248KCAL	£1.95

### BETWEEN THE BREADS

Served 11am - 4pm

Choice of baguette, multi-seed roll or bloomer bread.  
Served with salad garnish and crisps (GF bread available)  
Swap your salad and crisps for chips: £2.50

Classic coronation chicken and fresh arugula 947KCAL	£9.45
Egg mayonnaise and chive (V) 912KCAL	£8.45
Tuna crème fraîche and cucumber 865KCAL	£9.45
Prawn Marie Rose 923KCAL	£9.95

### FRESHLY MADE TOASTED CIABATTAS

Served 11am - 4pm

Served with salad garnish and crisps.  
Swap your salad and crisps for chips: £2.50

Grilled back bacon, brie and cranberry sauce 1098KCAL	£8.95
Tuna, black pepper mayonnaise and Cheddar melt 848KCAL	£8.95
Glazed ham, mature Cheddar and tomato 798KCAL	£8.95
Smoked applewood, tomato and basil (V/VG) 702KCAL	£8.95



## LUNCH

### SOUP

Served 11am - 4pm

Served with a warm white, brown or GF bread roll.

### HOMEMADE MAINS

Served 12pm - 3pm

Classic fish and chips (GF) 1060KCAL Sustainably sourced fresh hand-battered fish served with gourmet chips, peas of your choice, tartare sauce, and a lemon wedge.	£15.95
Turkey roulade 1007KCAL Served with creamy mash, braised cabbage and cranberry gravy	£15.95
Maple glazed ham (GF) 708KCAL Two free-ranged fried eggs, gourmet chips, golden beetroot piccalilli and homemade pickled cabbage.	£13.45
Signature burger 1546KCAL Homemade 8oz beef burger served with maple glazed bacon, melted Monterey Jack cheese, gourmet chips, homemade onion rings and our own cherry tomato relish served in a toasted brioche bun with gherkins, beef tomato, red onions and gem lettuce.	£14.95
Triple egg omelette with three fillings (GF) 826KCAL Choose from: ham, bacon, goats' cheese, mature cheddar, sun dried tomato, mushroom, spinach, spring onions, smoked salmon served with gourmet chips and dressed watercress.	£12.95

## RISOTTO BAR

Served 12pm - 3pm

All our risottos are made to bring the garden to your plate.

<b>Beetroot risotto (V)</b> 934KCAL	£10.95
With roasted cauliflower florets, freshly grated parmesan and watercress oil.	
<b>Pea and sun-dried tomato risotto (V)</b> 891KCAL	£10.95
With freshly grated parmesan, crispy kale and watercress oil.	
<b>Roasted vine tomato risotto (V)</b> 552KCAL	£10.95
With crispy kale and confit cherry tomatoes.	
<b>Why not add one of the below to your risotto?</b>	
<b>Charred Feta</b> 302KCAL	£3.95
<b>Roasted chicken</b> 291KCAL	£3.95
<b>Poached salmon</b> 255KCAL	£5.95

## CHEF'S RECOMMENDATIONS

Served 11am - 4pm

<b>Chicken Caesar salad</b> 776KCAL	£12.45
Roast chicken breast, crispy bacon, cos lettuce, anchovies, sourdough croutons, Parmesan and Caesar dressing.	
<b>Glazed goat's cheese and roasted beetroot salad (V/GF)</b> 495KCAL	£12.45
Caramelised walnuts, dressed watercress and pomegranate.	
<b>Festive club sandwich</b> 1207KCAL	£12.95
Breaded turkey, gherkins, brie, fried egg, spinach, mayonnaise and cranberry sauce, with gourmet chips and a choice of deli salad.	

## EAT RIGHT DELI

### HOMEMADE DELI OPTION

Why not add any of the above salads to accompany your dish?

<b>Homemade traditional sausage roll</b> 499KCAL	£6.95
<b>Parmesan and herb crusted chicken breast (GF)</b> 387KCAL	£7.45
<b>Teriyaki glazed salmon with caramelised lime</b> 357KCAL	£8.95
<b>Glazed ham</b> 283KCAL	£6.95
<b>Homemade thyme roasted tomato galette</b> 243KCAL	£6.45
Puff pastry, tomato tapenade topped with slow-roasted tomatoes and basil.	
<b>Homemade quiche of the day</b>	£7.95
Please ask a member of the team for today's choice.	

Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your daily diet?

To find out more about our Eat Right Deli concept, along with its benefits, scan the QR code or visit [www.bluediamond.gg/eat-right-deli](http://www.bluediamond.gg/eat-right-deli)



### CHOOSE YOUR SALAD

Served 11am - 4pm

Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your daily diet?

One salad: £3.25 Two salads: £5.95 Three salads: £7.95

<b>Garden leaf salad, tomato, cucumber and spring onion (V/VG/GF)</b> 46KCAL	
<b>Fruity quinoa salad with roasted beetroot, carrots and apricots (V/VG)</b> 203KCAL	£3.25
<b>Pasta with sundried tomato, broccoli, pesto and red onion</b> 406KCAL	
<b>Rainbow slaw with pickled red and white cabbage, carrots, kale and shallots (V/VG/GF)</b> 88KCAL	

### SIDES

Served 11am - 4pm

<b>Cheesy gourmet chips (V/GF)</b> 559KCAL	£4.25
<b>Garlic ciabatta with dressed watercress (V)</b> 335KCAL	£3.95
<b>Seasonal salad (V/VG/GF)</b> 273KCAL	£3.25
<b>Halloumi fries with pomegranate molasses and cilantro (V)</b> 514KCAL	£5.95
<b>Gourmet chips (V/VG/GF)</b> 314KCAL	£3.75