

# CAFÉ HOME & GARDEN

## BREAKFAST

Served Monday to Sunday, 8.30am - 11.30am

<b>Farmhouse breakfast</b> 915kcal	£12.45	<b>Light breakfast</b> 514kcal	£8.95
Two Clive Lancaster & Sons Lincolnshire sausages, two smoked back bacon, two hash browns, field mushroom, slow-roasted half tomato, baked beans and two fried eggs. Served with your choice of sourdough, white or brown toast. <i>(GF available)</i>		One Clive Lancaster & Sons Lincolnshire sausage, one slice of smoked back bacon, hash brown, field mushroom, slow roasted half tomato, baked beans and one fried egg. Served with your choice of sourdough, white or brown toast. <i>(GF available)</i>	
<b>Vegetarian breakfast (V)</b> 540kcal	£11.95	<b>Vegan breakfast (VG)</b> 700kcal	£11.95
Two poached eggs, sautéed mushrooms, cherry tomatoes and spinach, avocado, lemon thyme-infused goat's cheese, hash browns and sourdough toast. <i>(GF available)</i>		Sautéed mushrooms, cherry tomatoes and spinach, avocado, homemade baked beans, two hash browns, two vegan sausages and sourdough toast.	
<b>Eggs Royale</b> 541kcal	£9.95	<b>Eggs Florentine (V)</b> 690kcal	£9.95
Gravlax salmon, sautéed spinach, two poached eggs, toasted English muffin, hollandaise sauce and fresh lemon. <i>(GF available)</i>		Sautéed spinach, avocado, two free-range poached eggs, toasted English muffin, hollandaise sauce and fresh lemon. <i>(GF available)</i>	
<b>Eggs Benedict (V)</b> 524kcal	£9.95	<b>Continental breakfast (V)</b> 718kcal	£9.95
Saffron-spiced arborio rice, oven-baked tomatoes and garlic, scorched cherry tomatoes, mixed olives, capers, topped with dressed rocket, balsamic reduction and olive oil.		Warm croissant, tea cake slice, homemade bircher muesli, honey yogurt, fresh berries, apple, banana, homemade raspberry curd and butter. <i>(GF available)</i>	
<b>Children's breakfast</b> 279kcal	£7.95	<b>Eggs on toast (V)</b> 346kcal	£5.95
One free-range egg, sausage, baked beans, hash brown and one slice of white or brown toast. <i>(GF available)</i>		Eggs cooked your way, served with your choice of sourdough, white or brown sliced toast. <i>(GF available)</i>	
<b>Breakfast cob</b>	£5.45	<b>Add any sides</b>	£1.95
Choose from: Clive Lancaster & Sons sausage 321kcal Smoked back bacon 365kcal Fried egg 347kcal Served in a white or brown cob. <i>(VG options available)</i>		Smoked back bacon, sausage, gravlax salmon, sliced ham, hash browns, avocado, roast tomatoes, sautéed mushrooms, spinach, baked beans, veggie sausage, hollandaise or egg of your choice.	

East Bridgford is proud to use local suppliers and small businesses. All of our meats are locally sourced and supplied by Clive Lancaster & Sons (Bingham). Our fruit, vegetables, milk and eggs are locally sourced and supplied by Maxey's Farm (Newark) and all our breads are made and supplied by Welbeck Bakehouse (Mansfield Woodhouse).

### FOOD ALLERGIES AND INTOLERANCES

Please ask our helpful staff if you or a member of your party has a food allergy or a special dietary requirement. It is important that you inform a member of our team prior to placing your order. Whilst we have taken every care to ensure that allergens do not cross-contaminate, the food prepared here may have come into contact with one of the 14 allergens.

(V) Vegetarian • (VG) Vegan • (GF) Gluten free • (DF) Dairy free • (N) Contains nuts

Adults need around 2000kcal a day as a requirement.



# — CAFÉ — HOME & GARDEN

## HOT LUNCH

Served Monday to Saturday, 12pm - 3pm

### Traditional fish and chips (GF) 1301kcal £14.95

Fresh battered haddock, served with homemade double cooked chips, mushy peas, homemade tartare sauce and caramelised lemon.

### Gourmet beef burger 1256kcal £14.95

Gourmet beef patty, artisan crusty roll, stout and Cheddar rarebit, grilled Cheddar cheese, rocket, cucumber, tomato and red onion salad, truffle burger sauce, served with a side of homemade spiced pickles and chunky chips.

### Chicken and cashew stirfry (N) 956kcal £13.95

Chicken breast, toasted cashew nuts, tenderstem broccoli, mixed pepper, pak choi, mangetout, red onion and egg noodles, served with a lime and sweet chilli sauce. (VG and GF options available)

### Panzanella salad (V) 949kcal £12.95

Oven-baked sourdough and halloumi cheese, homemade pepperonata, fresh baby basil, topped with poached eggs, red wine reduction and basil oil.

### Maple-glazed ham, egg and chips (GF) 570kcal £13.95

Maple and mustard-glazed ham, two free range fried eggs, homemade chimichurri, homemade chunky chips and dressed rocket.

### Gourmet vegan burger (VG) 1197kcal £15.95

Gourmet 'Beyond Meat' burger patty, artisan crusty roll, vegan Applewood smoked cheese, fresh tomato, rocket, sweet chilli jam and red onion, served with homemade spiced pickles and chunky chips.

### Seafood risotto 735kcal £16.95

Smoked haddock, king prawns, cod loin, served in a lightly spiced risotto, topped with shaved parmesan, poached eggs and rocket dressed in herb oil.

### Sides

Gourmet chips (GF) 202kcal £3.45

Cheesy gourmet chips (GF) 409kcal £3.95

Sourdough garlic bread 444kcal £3.45

Homemade onion rings (GF) 480kcal £3.45

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## SOUPS, BAKED POTATOES AND SANDWICHES

Served Monday to Sunday, 11am - 4pm

### SOUPS AND CASSEROLES

Served with a white or brown roll (GF option available).

**Tomato and basil soup (VG)** 617kcal **£8.95**

Homemade tomato and basil soup, topped with chimichurri, basil oil and fresh basil.

**Soup of the day** **£7.95**

Please ask a member of the team for today's choice.

**Beef and root vegetable stew** 764kcal **£12.95**

Slow cooked beef topside and vegetable stew.

### BAKED POTATOES

All served with a salad garnish.

**Tuna** 670kcal **£9.95**

Tuna chunks, served with a homemade dill and lemon crème fraîche.

**Beef chilli** 675kcal **£9.95**

Slow cooked diced beef mild chilli, served with avocado and lime.

**Prawn and crayfish** 556kcal **£10.95**

Served in a mild chilli aioli and lime.

**Three cheese and onion** 740kcal **£9.45**

Mature cheddar, red Leicester, Applewood smoked cheese and spring onion.

**Homemade baked beans (VG)** 670kcal **£8.95**

Smokey homemade baked beans.

**Add cheddar cheese** 245kcal **£1.95**

### SOFT BREAD ROLLS

Served in a white or seeded roll with salad garnish.

**Roast beef** 554kcal **£9.95**

Roast beef topside, chimichurri and tomato.

**Prawn and crayfish** 468kcal **£9.95**

Served in a chilli aioli, lime juice and fresh cucumber.

**Roast chicken salad** 956kcal **£9.95**

Roast chicken breast, smoked bacon, crunchy salad and mayonnaise.

**Three cheese and onion** 417kcal **£9.95**

Mature cheddar, red Leicester, Applewood smoked cheese, spring onion and mayonnaise.

### TOASTED PANINIS

Served with a salad garnish.

**Bacon, brie and cranberry** 620kcal **£9.95**

**Tuna and cheese melt** 708kcal **£9.95**

**Vegan Philly melt** 469kcal **£9.95**

**Ham, cheese and tomato** 555kcal **£9.95**

### CHOOSE YOUR SALAD

**One salad** £3.25 **Two salad** £5.95 **Three salads** £8.95

**Naked beetroot slaw (VG)** 124kcal

Shredded beetroot and carrots, topped with mixed toasted seeds, fresh dill and spring onion.

**Bulgur wheat (VG)** 178kcal

Turmeric infused bulgur wheat, parsley, dill, mint, tomatoes, cucumber and goji berry.

**Cauliflower rice (VG)** 128kcal

Roasted cauliflower rice, dried cranberries, mixed seeds, parsley and crispy chickpeas.

**Summer Greek salad (V)** 136kcal

Marinated olives, green peppers, red onions, red onion, cherry tomatoes, cucumber and Feta.

**Garden leaf salad (VG)** 46kcal

Mixed leaves, cucumber, tomato and red onion.

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## DELI COUNTER

Served Monday to Sunday, 11am - 4pm

### CHOOSE YOUR SALAD

Did you know that all of our Deli counters are nutrient-rich and include ingredients you must have in your diet?

One salad £3.25 Two salad £5.95 Three salads £8.95

#### Naked beetroot slaw (VG) 124kcal

Shredded beetroot and carrots, topped with mixed toasted seeds, fresh dill and spring onion. *Pairs well with chicken or fish.*

#### Bulgur wheat (VG) 178kcal

Turmeric infused bulgur wheat, parsley, dill, mint, tomatoes, cucumber and goji berry. *Pairs well with chicken or fish.*

#### Cauliflower rice (VG) 128kcal

Roasted cauliflower rice, dried cranberries, mixed seeds, parsley and crispy chickpeas. *Pairs well with chicken or fish.*

#### Summer Greek salad (V) 136kcal

Marinated olives, red peppers, red onions, cherry tomatoes, pomegranate, sugar snaps, cucumber and Feta.

#### Garden leaf salad (VG) 46kcal

Mixed leaves, cucumber, tomato and red onion.

### HOMEMADE DELI OPTION

Why not add any of the above salads to accompany your dish?

Three cheese quiche (V) 736kcal	£8.95
Bacon and brie quiche 696kcal	£8.95
Traditional sausage roll 499kcal	£7.95
Goats cheese and vegetable frittata 472kcal	£7.95
Tandoori chicken thigh and raita (GF) 413kcal	£7.45
Herb and lemon roast salmon (GF) 271kcal	£8.95
Greek spinach and Feta filo parcels 361kcal	£7.65
Slow roast tomato galette (V) 446kcal	£7.95

### MAIN SALADS

#### Chicken Caesar salad 455kcal £13.95

Roasted chicken breast, crispy streaky bacon, anchovies, sourdough croutons and grated parmesan on a bed of cos lettuce and Caesar dressing.

#### Ploughman's lunch 1140kcal £15.95

Honey and mustard roast ham, Cheddar cheese, apple, beetroot slaw, boiled egg, pickle, dressed rocket, honey, crusty bread roll and salted butter.

#### Summer goat's cheese salad 605kcal £14.95

Grilled goat's cheese, toasted Italian bread, strawberries, apple, mint, candied walnuts, balsamic glaze, dressed rocket and watercress.

### SIDES

Gourmet chips (GF) 202kcal £3.45

Cheesy gourmet chips (GF) 409kcal £3.95

Sourdough garlic bread 444kcal £3.45

Homemade onion rings (GF) 480kcal £3.45

'Darling Spuds' hand-cooked potato crisps 197kcal £1.50

*Popular flavours: Mediterranean sea salt, Somerset Cheddar and onion, sea salt and Modena balsamic vinegar.*

PLEASE ENQUIRE  
ABOUT OUR  
'EAT RIGHT DELI'  
CONCEPT

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## SUNDAY LUNCH

*Served Monday to Sunday, 12pm - 3.30pm*

### Roast topside beef 1022kcal £15.95

Locally sourced beef topside, brushed with rosemary and thyme butter, slow-cooked until 65°C and blushing pink. Served with our homemade red wine beef jus and horseradish sauce.

### Roast gammon 924kcal £15.95

Maple and mustard seed roasted ham. Oven-roasted basted until dark, sweet and sticky. Served with our signature Rocquette apple cider jus and apple sauce.

### Three meat roast 1298kcal £20.95

A selection of all our delicious roast meats, all the trimmings and with a choice of any of our homemade jus and all three condiments.

### Roast chicken 898kcal £15.95

Lemon thyme and garlic chicken supreme, marinated overnight and roasted until golden brown. Served with our homemade chicken jus and cranberry sauce.

### Roasted vegetable Wellington (VG) 711kcal £14.95

Roasted, spiced butternut squash, peppers and sweet potato Wellington, served with chimichurri and a rich red wine jus.

### Children's roast 621kcal £9.95

Choice of any one of our roast meats. Served with roast potatoes, roast carrots, broccoli, gravy and a Yorkshire pudding.

### Sides

Mixed roast vegetables 102kcal £3.45

Roast potatoes 176kcal £3.45

Two Yorkshire puddings and red wine jus 186kcal £3.45

Three cheese cauliflower bake 224kcal £3.95

**ALL OUR ROAST DINNERS ARE SERVED WITH THYME-INFUSED ROAST POTATOES, ROSEMARY ROASTED CARROTS, BROCOLLI, KALE, CAULIFLOWER CHEESE BAKE, YORKSIRE PUDDING AND ITS OWN RICH HOMEMADE JUS.**

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## DRINKS

### HOT BEVERAGES

All our hot chocolates and our mocha coffee are now made with real Belgian chocolate.

Americano	Regular £2.95	Large £3.25
Cappuccino	Regular £3.25	Large £3.45
Espresso	Single £2.30	Double £2.65
Flat white (double shot)		Regular £3.20
Latte	Regular £3.25	Large £3.45
Filter coffee	Regular £2.85	Large £3.10
Hot chocolate		£3.45
Luxury hot chocolate		£4.40
Mocha		£3.80
Pot of tea for one		£2.40
Chai latte		£4.25
<i>Made using organic black tea and a milk of your choice.</i>		
Matcha latte		£4.25
<i>Made using organic green tea and a milk of your choice.</i>		
Speciality Tea for one		£2.85
<i>Popular blends: Earl grey, ginger and apple, raspberry and rosehip, pure peppermint, Japanese sencha, pure camomile, Darjeeling, tropical burst.</i>		

All milk alternatives available at no extra cost

### JUDE'S ICE CREAMS

PLEASE ENQUIRE ABOUT OUR JUDE'S  
ICE CREAM SELECTION

### BOTTLED COLD BEVERAGES

Coca Cola	£3.00
Diet Coke	£3.00
Coke Zero	£3.00
Fanta Orange	£3.00
Sprite	£3.00
Posh Pop	£3.20
<i>Choose from: Ginger beer with chilli, cream soda, plum and cherry, dandelion and burdock. Sugar-free options: Elderflower, cloudy lemonade, strawberry and rhubarb.</i>	
Harrogate still or sparkling water	£2.00
Children's juice	£1.75
<i>Choose from: Apple or orange.</i>	
Fresh juice	£4.80
<i>Choose from: Orange, Apple, carrot, ginger, beetroot, celery, spinach or pineapple.</i>	

### ALCOHOLIC BEVERAGES

Peroni Nastro Azzurro 330ml (GF)	£4.25
Becks Blue	£4.00
Traditional Rocquette Cider 500ml	£4.95
Old Mout Cider 500ml	£4.95
<i>Choose from: Berries and cherries or Kiwi and lime.</i>	
White wine: Sauvignon Blanc or Pinot Grigio	
Red wine: Merlot or Cabernet Sauvignon	
Rose	
125ml glass	£5.65
175ml glass	£6.55
250ml glass	£8.05
75cl bottle	£20.00
Italia Prosecco 200ml / 75cl	£6.95 / £22.95

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