

BREAKFAST MENU

Served daily until II.30am

BREAKFASTS

Full English Breakfast 9.95 //49 kcal

Two free-range eggs of your choice, two rashers of bacon, two breakfast sausages, two hash browns, black pudding, roasted tomatoes, flat mushroom, baked beans and toast.

Light Breakfast 7.95 673 kcal

One free-range egg of your choice, one rasher of bacon, breakfast sausage, hash brown, roasted tomato, flat mushroom, baked beans and toast.

Vegetarian Breakfast 7.95 592 kcal

One free-range egg of your choice, grilled halloumi, crushed avocado, hash brown, roasted tomato, flat mushroom, baked beans and toast.

Truffle Eggs 8.95 1067 kcal

Free-range eggs scrambled with truffle oil and feta, served with avocado on sourdough toast.

Breakfast Bruschetta (VG) 7.95 1140 kcal

Grilled sourdough toast, fresh spinach, roasted tomatoes, avocado, toasted mixed seeds, basil oil, micro basil.

Eggs on Toast 5.95 126 kcal

Two free-range eggs of your choice served on white, brown or sourdough toast. Add any side 1.50.

Breakfast Cob 5.45 475 kcal

Served on a buttered cob with your choice of sausage, bacon, fried free-range egg or grilled halloumi (V) Add any side 1.50

Child's Breakfast 5.95 *533 kcal* Fried free-range egg, breakfast sausage, baked beans,

hash brown and toast.

MEET THE BENEDICT'S...

Eggs Benedict £7.95 469 kcal Roast ham, toasted English muffin, poached free-range eggs, hollandaise.

Eggs Florentine (V) £7.50 286 kcal Spinach, toasted English muffin, poached free-range eggs, hollandaise.

Eggs Royale £8.50 485 kcal Smoked salmon, toasted English muffin, poached freerange eggs, hollandaise.

Eggs Cypriot £7.95 569 kcal

Pan-fried halloumi and avocado, toasted English muffin, poached free-range eggs, hollandaise.

SIDES

Grilled bacon 150 kcal. Breakfast sausage 176 kcal. Black pudding 112 kcal. Sliced ham 122 kcal, Smoked salmon 76 kcal. Hash browns 169 kcal, Avocado 187 kcal, Roast tomatoes 91 kcal, Flat mushrooms 91 kcal, Sautéed spinach 29 kcal, Baked beans 95 kcal, Hollandaise 80 kcal, Egg of your choice 66 kcal All £1.50

Toast and preserve £2.95 285 kcal White or brown toast with your choice of preserve (gluten-free bread available).

Toasted teacake £2.65 269 kcal Selection of Bonne Maman preserves £0.85 each Choice of: strawberry 72 kcal, raspberry 72 kcal, blackcurrant 71 kcal, orange marmalade 72 kcal or honey 97 kcal.

FOOD ALLERGIES AND INTOLERANCES

Please ask our helpful staff if you or a member of your party has a food allergy or a special dietary requirement. It is important that you inform a member of our team prior to placing your order. Whilst we have taken every care to ensure that allergens do not cross-contaminate, the food prepared here may have come into contact with one of the 14 allergens.

(GF) Gluten free • (VG) Vegan • (V) Vegetarian • (N) Contains nuts

LUNCH

Served Monday - Saturday 11:30-16:00



Served with a dressed salad garnish and crisps

SHOP BETWEEN THE BREADS

Choice ofbaguette, multi-seed roll or bloomer bread. Served with dressed salad garnish & crisps

(CFbread available)

Grilled back bacon, brie & cranberry sauce 1098KCAL £8.95 Tuna, black pepper mayo & cheddar melt 848KCAL £8.95 Glazed ham, mature cheddar & tomato 798KCAL £8.95 Roasted Med vegetable & mozzarella (V/VG) 400KCAL £9.50 Philly cheese steak, caramelised shallots & cheddar 795KCAL £9.50

Egg mayonnaise & chive (V) 850KCAL £8.50

Tuna mayonnaise & cucumber 721KCAL £7.95

Prawn marie rose 782KCAL £8.50

Chipotle pulled pork & crunchy slaw (Not GF) 431KCAL £8.50

Prawn & crayfish with mild chili aioli 922KCAL £8.50

Classic coronation chicken & fresh arugula 829KCAL £8.50

Roasted mediterranean vegetable and red pepper hummus with fresh arugula (V/VG) 422KcAL £8.95



Served with a dressed salad garnish

Tuna & mayonnaise (GF) 648KCAL £8.45

Baked beans & mature cheddar cheese (V/GF) 764KCAL £7.95

(Vegan cheese available)

Diced beef chilli, sour cream & guacamole 812KCAL £8.95

Coronation chickpea with fresh arugula (V/VG) 586KCAL £8.50

Prawn & crayfish with mild chilli aioli 693KCAL £8.95

Classic Coronation chicken (GF) 731KcAL £8.50

Add cheese 327KCAL £1.75



Gourmet chips (V/VG) 274KCAL £3.50 Cheesy gourmet chips (V) 519KCAL £3.95 Garlic ciabatta with dressed watercress (V) 336KCAL £3.50 Seasonal salad (V/VG) 251KCAL £3.25 Garlic and Parmesan chips with aioli (V) 495KCAL £4.25 Buttered new potatoes (V) 263KCAL £3.50

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LUNCH

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Signature burger 689KCAL £13.50

Homemade 8oz beef burger served with maple glazed bacon. melted Monterey Jack cheese, gourmet chips, homemade onion rings and green tomato relish served in a toasted brioche bun with gherkins, beef tomato, red onions and gem lettuce

Maple glazed ham 680KCAL £12.95

Two fried eggs, gourmet chips, golden beetroot piccalilli, homemade red cabbage and caraway salad

Triple egg omelette with three fillings (GF) *824KCAL* **£10.95** Choose from: ham, goat's cheese, mature cheddar, mushroom, spinach, spring onions or smoked salmon. Served with gourmet chips and

dressed watercress

Classic fish and chips (GF) 704KCAL £13.50

Hand battered sustainably sourced cod fillet served with gourmet chips, buttered garden peas, homemade tartare sauce and a lemon wedge

Pea and asparagus gnocchi (V/GF) 723KCAL £13.50 Dressed pea shoots, shaved parmesan and salsa verde.

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(Vegan cheese available)

Grilled pork loin (GF)971KCAL £13.50

Herb roasted new potatoes, braised Savoy cabbage and salsa verde

Chicken stir fry 553KCAL £11.95

Mangetout, green peppers and pak-choi with egg noodles, lime and chilli jam

Gremolata roasted trout supreme 533KCAL £15.50

Roasted broccoli, cherry tomatoes and sweet potato with caramelised lemon



Blue Diamond club sandwich 960KCAL £12.50

Roast chicken, grilled back bacon, baby gem, tomato, fried egg and lemon & tarragon mayonnaise served with gourmet chips and choice of deli salad

Chicken Caesar salad 455KCAL £10.95

Roast chicken breast, crispy bacon, cos lettuce, anchovies, sourdough croutons, Parmesan and Caesar dressing

Crispy fish fillet roll 131KCAL £12.95

Minted peas, baby gem and homemade tartare sauce served with a choice of deli salad

Glazed goat's cheese & beetroot salad (V/GF) 488KcAL £11.95 Caramelised walnuts, dressed watercress and pomegranate



Served with a warm white, brown or GF bread roll.

Chefs Soup of the day £6.50 Please ask a member of the team about today's choice.

Story DELI SELECTION www

Served with a choice of two salads below;

Quiche of the day £8.95 Please ask a member of the team about today's choice.

Sausage roll of the day £8.50 Please ask a member of the team about today's choice

Spicy three bean sausage roll(V/VG) 440KCAL £8.50

Tandoori chicken thighs & mango chutney (GF) 232KCAL £9.50

Teriyaki glazed salmon & caramelised lime 288KCAL £8.95

Glazed ham 246KCAL £8.95

Greek style stuffed aubergine (V/GF) 171KCAL £8.95 Red onion, peppers, courgettes, black olives, fresh parsley, oregano and Feta cheese. (Vegan cheese available)

- Garden leaf salad, tomato, cucumber and spring onion (V/VG) 46KCAL £3.25
- Mandarin, pearl barley, pomegranate and spinach salad with poppy seed dressing (V/VG) 174KCAL £3.25
- Greek potato salad with capers, dill, shallots and Feta cheese (V) *148KCAL* £3.25
- Asian summer slaw with sugar snaps, chives and sesame seeds (V/VG) 73KCAL £3.25
- Watermelon, cucumber and Feta salad with marinated mixed olives and mint (v) *136 KCAL* £3.25

SUNDAY LUNCH

Served Sunday 11:30-15:00



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SUNDAY ROAST Mains

All our meat roast dinners are served with thyme roast potatoes, roast carrots, mixed greens, cauliflower cheese, red braised cabbage and Yorkshire pudding

Roast topside of beef £14.50 $_{971 \text{KcAL}}$

Garlic & thyme roast chicken supreme £13.50 886KcAL

Roast loin of pork £13.50

Three meats £16.95

Grilled aubergine steaks (V/VG/GF) £11.95 ^{469KcAL} Served with roast potatoes, roast carrots, broccoli and mixed root vegetables served with vegan gravy

CHILDRENS

Children's roast chicken £8.50 559KCAL

Children's roast beef £8.50 643KCAL

Children's roast pork loin £8.50 689KCAL

SIDES

Mixed vegetables (V) $\pounds 2.95$

Thyme roast potatoes £2.95 186KCAL

Yorkshire pudding and red wine gravy £2.95

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