

# BREAKFAST

## ❧ BREAKFAST ❧

### Full English breakfast *1149KCAL* £9.95

Two eggs of your choice, two rashers of bacon, two breakfast sausages, two hash browns, black pudding, roasted tomatoes, flat mushroom, baked beans and toast.

### Light breakfast *673KCAL* £7.95

One egg of your choice, one rasher of bacon, breakfast sausage, hash brown, roasted tomato, flat mushroom, baked beans and toast.

### Vegetarian breakfast (V) *592KCAL* £7.95

One egg of your choice, grilled halloumi, crushed avocado, hash brown, roasted tomato, flat mushroom, baked beans and toast.

### Speciality Truffle eggs *1067KCAL* £8.95

Scrambled eggs with truffle oil and Feta, served with avocado on sourdough toast.

### Breakfast bruschetta (VG) *1140KCAL* £7.95

Grilled sourdough toast, fresh spinach, roasted tomatoes, avocado, toasted mixed seeds, basil oil and micro basil.

### Eggs Florentine (V) *286KCAL* £7.50

Spinach, toasted English muffin, poached eggs and hollandaise.

### Eggs Royale *485KCAL* £8.50

Smoked salmon, toasted English muffin, poached eggs and hollandaise.

### Eggs Benedict *469KCAL* £7.95

Roast Wiltshire ham, toasted English muffin, poached eggs and hollandaise.

### Eggs Cypriot *569KCAL* £7.95

Grilled halloumi, smashed avocado, toasted English muffin, poached eggs and hollandaise.

### Eggs on toast *126KCAL* £5.95

Two eggs of your choice served on white, brown or sourdough toast.

### Breakfast cob £5.45

Served on a buttered cob with your choice of sausage, bacon, fried egg or grilled halloumi.

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### Child's breakfast *527KCAL* £5.95

Fried egg, breakfast sausage, baked beans, hash brown and toast.

### Breakfast sundae *744KCAL* £6.95

Homemade granola, seasonal berry compote, honey and fresh berries.

### Toast and preserve *285KCAL* £2.95

White or brown toast with your choice of preserve (gluten-free bread available).

### Bonne Maman Honey *97KCAL* £0.85

### Toasted teacake *223KCAL* £2.65

### Extra bacon *150KCAL* £1.50

### Extra sausage *176KCAL* £1.50

### Extra black pudding *157KCAL* £1.50

### Extra sliced ham *122KCAL* £1.50

### Extra smoked salmon *76KCAL* £1.50

### Extra hash brown *259KCAL* £1.50

### Extra avocado *187KCAL* £1.50

### Extra tomato *91KCAL* £1.50

### Extra mushrooms *87KCAL* £1.50

### Extra spinach *80KCAL* £1.50

### Extra baked beans *95KCAL* £1.50

### Extra halloumi *257KCAL* £1.50

### Extra poached eggs *67KCAL* £1.50

### Extra fried eggs *112KCAL* £1.50

#### FOOD ALLERGIES AND INTOLERANCES

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Adults need around 2000kcal a day as a requirement.

# LUNCH

## RECOMMENDATIONS

- Blue Diamond club sandwich** 960KCAL £12.50  
Roast chicken, grilled back bacon, baby gem, tomato, fried egg and lemon & tarragon mayonnaise served with gourmet chips and choice of deli salad.
- Grilled chicken cob salad (GF)** 479KCAL £12.95  
Maple glazed bacon, soft boiled egg, avocado and Inca tomatoes with Dijon mustard dressing.
- Crispy fish fillet roll** 131KCAL £12.95  
Minted peas, baby gem and homemade tartare sauce served with a choice of deli salad.

## SPECIALS

- Classic fish and chips (GF)** 704KCAL £13.50  
Hand battered sustainably sourced cod fillet served with gourmet chips, buttered garden peas, homemade tartare sauce and a lemon wedge.
- Triple egg omelette with three fillings (GF)** 824KCAL £9.95  
**Choose from:** ham, bacon, goat's cheese, mature cheddar, sun dried tomato, mushroom, spinach or spring onions. Served with gourmet chips and dressed watercress.
- Maple glazed ham (GF)** 680KCAL £11.95  
Two fried eggs, gourmet chips, golden beetroot piccalilli, homemade red cabbage and caraway salad.

## SIDES

- Gourmet chips (V/VG/GF)** 274KCAL £3.50
- Cheesy gourmet chips (V/GF)** 519KCAL £3.95
- Garlic ciabatta with dressed watercress (V)** 335KCAL £3.50
- Seasonal salad (V/VG/GF)** 251KCAL £3.25
- Sweet potato wedges (V/VG)** 201KCAL £3.95
- Chilli infused chips with Sriracha mayonnaise (V)** 384KCAL £4.25
- 'Darling Spuds' hand-cooked potato crisps** 197KCAL £1.50  
Popular flavours: Mediterranean Sea Salt, Somerset Cheddar and Onion, Sea Salt and Modena Balsamic Vinegar.

## CHILDREN'S LUNCH

Served 11am - 4pm

- Fish and chips (GF)** 166KCAL £6.95  
Hand battered cod with chips and buttered garden peas.
- Half baked potato with baked beans and cheese (GF)** 454KCAL £5.50
- Half baked potato with baked beans (GF)** 401KCAL £5.50
- Half baked potato with cheese (GF)** 540KCAL £5.50
- Half baked potato with tuna crème fraîche (GF)** 475KCAL £5.50
- Pasta pomodoro (V/VG)** 373KCAL £6.95  
Penne pasta in rich & rustic tomato sauce topped with Parmigiano Reggiano served with garlic bread. (Vegan cheese available)
- Margherita pizza (V)** 682KCAL £6.95  
7 inch margherita pizza topped with tomato sauce and grated mozzarella.
- Sausages and chips** 392KCAL £6.95  
Served with baked beans or buttered peas.
- Homemade chicken goujons** 391KCAL £6.95  
Served with chips and baked beans
- Kid picnic bag** 648KCAL £6.95  
**Choice of sandwich:** cheese, ham or jam on white or brown bread. **Also includes:** drink carton, Pom Bear crisps, cheese portion, chocolate biscuit bar, piece of fresh fruit and jelly.

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## BAKED POTATOES

*Served with salad garnish*

Tuna and lemon crème fraîche (GF) 648KCAL	£8.45
Baked beans and mature Cheddar cheese (V/GF) 764KCAL (Vegan cheese available)	£7.95
Homemade slow-cooked diced beef chilli with sour cream and avocado (GF) 812KCAL	£8.95
Classic Coronation chicken (GF) 731KCAL	£8.50
Melted brie and crispy bacon (GF) 836KCAL	£8.25
Prawn and crayfish with homemade mild chilli aioli (GF) 693KCAL	£8.95
Add cheese 327KCAL	£1.75
Sautéed spinach, nutmeg and Feta with caramelised shallots (V/GF) 410KCAL	£8.50

## BETWEEN THE BREADS

*Choice of baguette, multi-seed roll or bloomer bread.  
Served with salad garnish and crisps (GF bread available)*

Classic coronation chicken and fresh arugula 829KCAL	£8.50
Egg mayonnaise and chive (V) 850KCAL	£7.95
Tuna crème fraîche and cucumber 721KCAL	£8.50
Prawn Marie Rose 782KCAL	£8.50
Prawn and crayfish with mild chilli aioli 922KCAL	£8.50
Roasted Mediterranean vegetable and red pepper hummus with fresh arugula (V/VG) 422KCAL	£8.95

## TOASTED CIABATTAS

*Served with salad garnish and crisps*

Grilled back bacon, brie and cranberry sauce 1098KCAL	£8.95
Tuna, black pepper mayonnaise and Cheddar melt 848KCAL	£8.95
Glazed ham, mature Cheddar and tomato 798KCAL	£8.95
Smoked applewood, tomato and basil (V/VG) 702KCAL	£8.95
Caramelised onion, spinach and goat's cheese (V) 867KCAL	£8.95

## SOUP

Soup of the day	£6.50
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Please ask a member of the team for today's choice.

## DELI SELECTION

*Served with your choice of any two salads*

Greek style stuffed aubergine (V/GF) 171KCAL Red onion, peppers, courgettes, black olives, fresh parsley, oregano and Feta cheese. (Vegan cheese available)	£8.95
Parmesan and herb crusted chicken breast (GF) 415KCAL	£8.95
Teriyaki glazed salmon with caramelised lime 288KCAL	£8.95
Goat's cheese and vegetable fritatta 475KCAL	£8.50
Glazed ham 246KCAL	£8.95
Sausage roll of the day Please ask a member of the team for today's choice.	£8.50
Quiche of the day Please ask a member of the team for today's choice.	£9.25
Beetroot galette 829KCAL Blue cheese, caramelised walnuts and balsamic reduction.	£8.95

## DELI SALADS

Tenderstem broccoli, sweet potato and roasted beetroot with lemon vinaigrette (V/VG/GF) 107KCAL	£3.25
Garden leaf salad, tomato, cucumber and spring onion (V/VG/GF) 46KCAL	£3.25
Curried cauliflower and chickpea salad (V/VG) 133KCAL	£3.25
Asian summer slaw with sugar snaps, chives and sesame seeds (V/VG) 73KCAL	£3.25
Watermelon, cucumber and Feta salad with marinated mixed olives and mint (V/GF) 136KCAL	£3.25
Moroccan couscous salad with pomegranate (V/VG) 285KCAL	£3.25

# DRINKS

## COFFEE

All our coffees are hand crafted by expert baristas using our very own Blue Diamond blend made from 100% arabica beans grown in South and Central America.

Skimmed and soya milk available upon request.  
Premium oat and almond milk incur a 30p surcharge.

Americano	Reg 44KCAL	£2.80	Lrg 57KCAL	£3.15
Cappuccino	Reg 178KCAL	£3.10	Lrg 195KCAL	£3.30
Espresso	Sgle	£2.25	Dble	£2.60
Flat white (double shot)	Reg 133KCAL	£3.10		-
Latte	Reg 160KCAL	£3.10	Lrg 215KCAL	£3.30
Mocha	303KCAL			£3.45
Flavoured syrup	UP TO 98KCAL PER SHOT			£0.75

## HOT CHOCOLATE

Hot chocolate	266KCAL	£3.30
Hot chocolate with cream	352KCAL	£3.75
Luxury hot chocolate with cream and marshmallows	474KCAL	£4.20

## TEA

Tea for one	44KCAL	£2.25
Tea for two	79KCAL	£4.50
Our Blue Diamond blend is made from the finest Ceylon, Kenyan and Assam tea.		
Speciality loose leaf tea for one	20KCAL	£2.80
Popular Blends; Earl grey, Orange pekoe, Darjeeling, Raspberry and rosehip, Ginger and apple, Strawberry and kiwi, Pure peppermint, Japanese sencha green tea and Pure chamomile.		

Please ask for our in-house selection of the finest black teas, flavoured black teas, infusions and green tea.

## BOTTLED COLD BEVERAGES

Coca Cola	£2.95
Diet Coke	£2.95
Coke Zero	£2.95
Fanta Orange	£2.95
Sprite Zero	£2.95
Posh Pop	£3.20
Choose from: Ginger beer with chilli, Cream soda, Plum and cherry, Dandelion and burdock. Sugar-free options: Elderflower, Cloudy lemonade, Strawberry and rhubarb.	
Folkingtons Still fruit juice	£3.00
Choose from: Cloudy apple, Cloudy pear or Orange.	
Still or sparkling water	£1.95

## ALCOHOLIC BEVERAGES

London Pride Ale 500ml bottle	£4.65
Gluten-free Peroni 330ml bottle	£4.00
Roquette Cider 500ml bottle	£4.65
Becks Blue (Alcohol free) 275ml bottle	£4.00
White wine: Sauvignon Blanc or Pinot Grigio Red wine: Merlot or Cabernet Sauvignon Rose	
125ml glass	£5.45
175ml glass	£6.25
250ml glass	£8.00
75cl bottle	£20.00
Italia Prosecco 200ml piccolo bottle	£6.75

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