

Roasted Cabbage Salad

SERVES 2 • PREP: 10 MINUTES • COOK: 25 MINUTES

INGREDIENTS

For the cabbage

- 800g cabbage (quartered)
- 30ml olive oil
- 1 tsp smoked paprika

For the garlic lemon yogurt

- 250g yogurt
- 1 garlic clove (finely grated or minced)
- 1 lemon (zest and juice)
- Salt and black pepper (to taste)

For the topping

- 6 slices streaky bacon
- 30ml maple syrup
- 5-10g fresh chives (chopped)
- 15g butter (optional)

METHOD

Prepare the cabbage

- 1. Preheat your oven to fan 200°C/400°F.
- 2. Brush the cabbage quarters with olive oil and season with salt, pepper, and smoked paprika (if using).
- 3. Place the cabbage quarters cut side down on a lined baking tray. Roast for 20-25 mins, turning halfway through, until the edges are caramelised and the cabbage is tender.

Make the garlic lemon yogurt

- 1. In a bowl, combine the yogurt, grated garlic, lemon zest and juice.
- 2. Season with Salt and black pepper to taste and set aside in the fridge until ready to serve.

Cook the bacon

- 1. Fry the bacon in a pan over medium heat until crispy.
- 2. Drain on paper towels and crumble into small pieces.

Assemble the dish

- 1. Spread a generous layer of garlic lemon yogurt on the base of your serving platter or individual plates.
- 2. Place the roasted cabbage on top of the yogurt.
- 3. Drizzle the cabbage with maple syrup and a touch of melted butter for extra shine (optional).
- 4. Sprinkle crispy bacon over the top and garnish with freshly chopped chives for colour and a burst of freshness.

